



LOOKING AT MY BELIEFS:

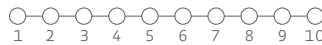
I believe people should have a lot of autonomy.

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To understand how it might look and feel to honor or violate the belief that people should have a lot of autonomy, the following examples of top-down communication and partnership communication are provided. Use this simple scale to help gauge the alignment you currently possess between your beliefs and your behavior (authenticity). The higher total score, the more oriented you are toward partnership communication. The lower total score, the more oriented you are toward top-down communication.

TOP-DOWN PRACTICES

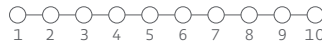
PARTNERSHIP PRACTICES

People should do what they are told.



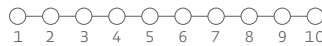
Telling people what to do without giving them choices creates resistance.

I do most of the thinking for others.



I think with others.

I want my own outcomes.



I want the best outcome.

Total Score

What surprises you? What pleases you? Are you where you would like to be? What would you like to change?

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