



Reframe & Reconsider: Repeating Mistakes

Taking what is learned in one setting and applying that information to another setting is often taken for granted. This skill of generalization can be a struggle for some people.



Could be misinterpreted as...

- Willful misconduct
- Being absent-minded/forgetful
- Being unintelligent or ignorant
- Not trying to learn
- Being lazy or unmotivated



Should be interpreted as possibly...

- Challenges with linking cause to effect
- Needing help to make logical connections
- Difficulties applying past lessons to new situations or contexts
- Forgetting past learning
- Unsure how the current situation relates to past experiences
- Needing a different approach to instruction/teaching
- Anxiety
- Difficulty identifying important information

"I just agreed ... and didn't have the ability to see the long term affects that can happen in agreeing and signing these orders in which I didn't understand."

- Adult with FASD

STRATEGIES



- Support people after a mistake by being non-judgmental
- Keep expectations realistic
- Ask for their perspective
- Clarify expectations by referencing past experiences
- Make sure the expectations are recognized and valued
- Practice new skills/information with the person and fade out support as appropriate

